

Show up Significantly

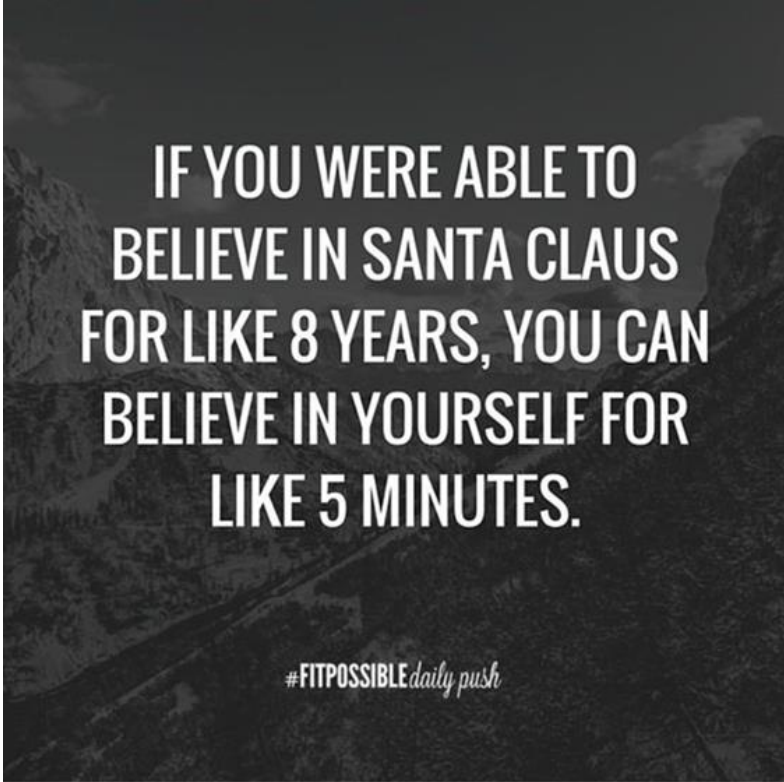
HEATHER CHURCH

17TH NOVEMBER 2017



sig·nif·i·cance

- ▶ *noun*
the quality of being worthy of attention; importance.



IF YOU WERE ABLE TO
BELIEVE IN SANTA CLAUS
FOR LIKE 8 YEARS, YOU CAN
BELIEVE IN YOURSELF FOR
LIKE 5 MINUTES.

#FITPOSSIBLE *daily push*



Born for a
purpose....
the world cannot
do without!

PURPOSE

STEP UP, SHAPE UP AND SHOW UP

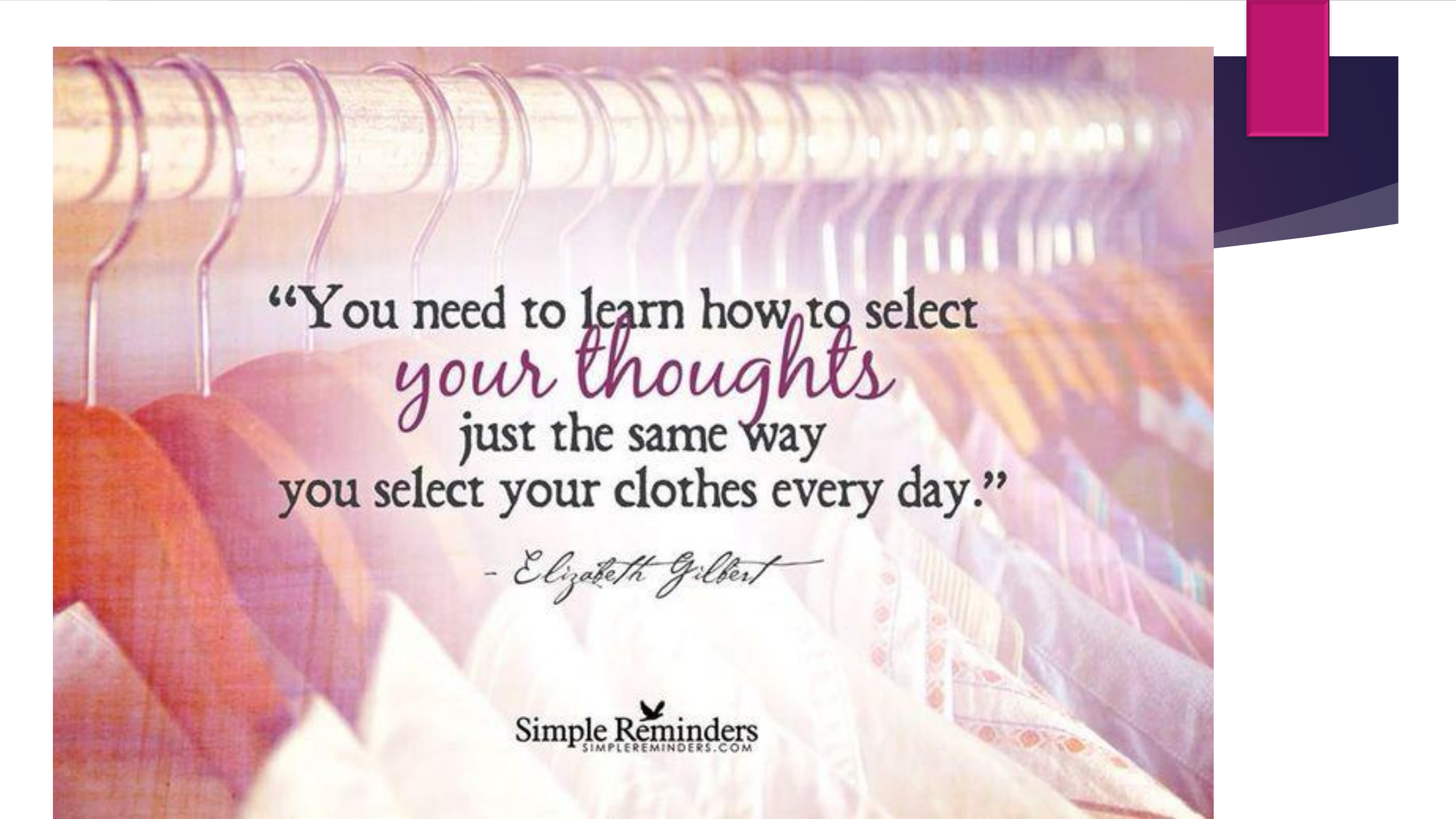
What are you **thinking**?

What are you **saying**?

What are you **doing**/ How are you **behaving**?

PERCEPTION = PROJECTION





“You need to learn how to select
your thoughts
just the same way
you select your clothes every day.”

- *Elizabeth Gilbert*

How are you driving your car?



Manage Your State



Two things you
will never get
back....

1.



Manage your Time Well

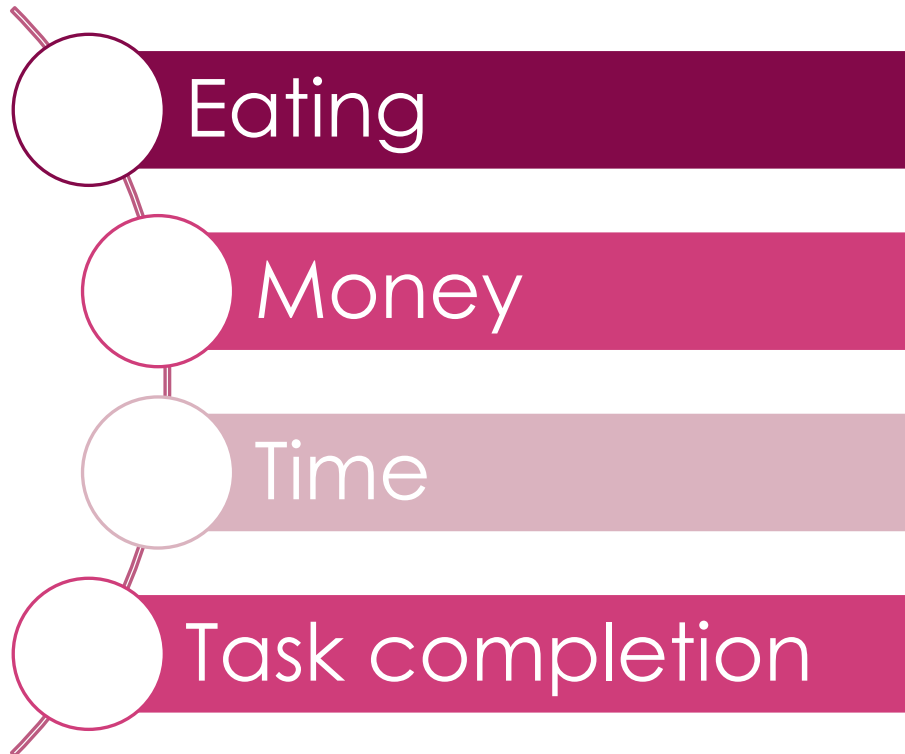


Two things you will
never get back....

2.



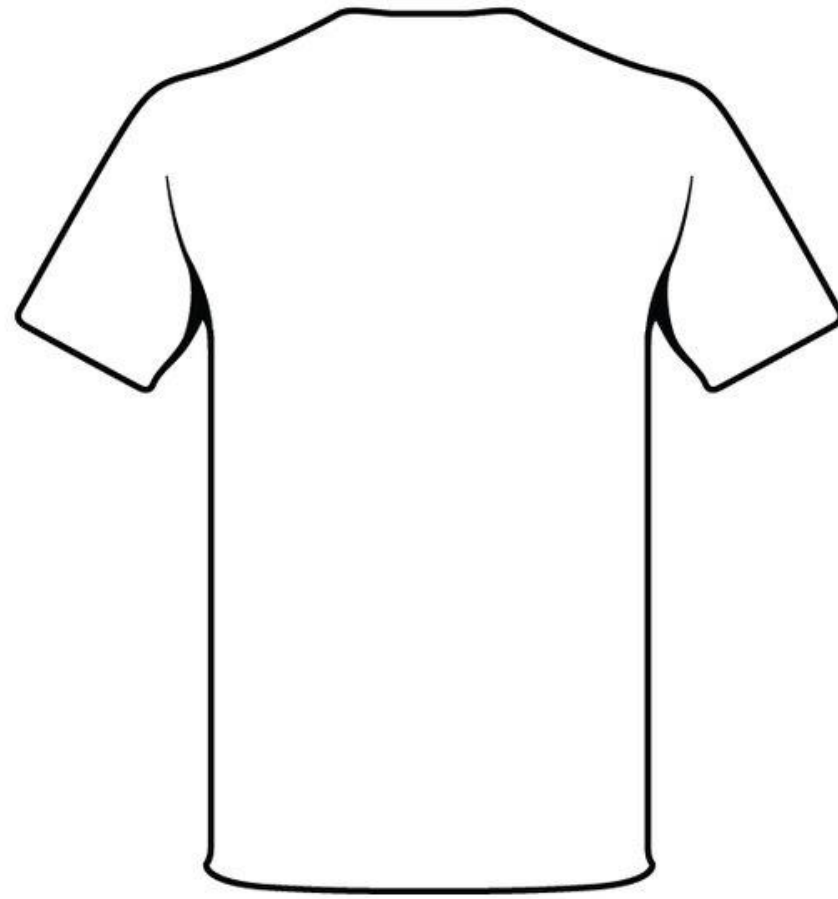
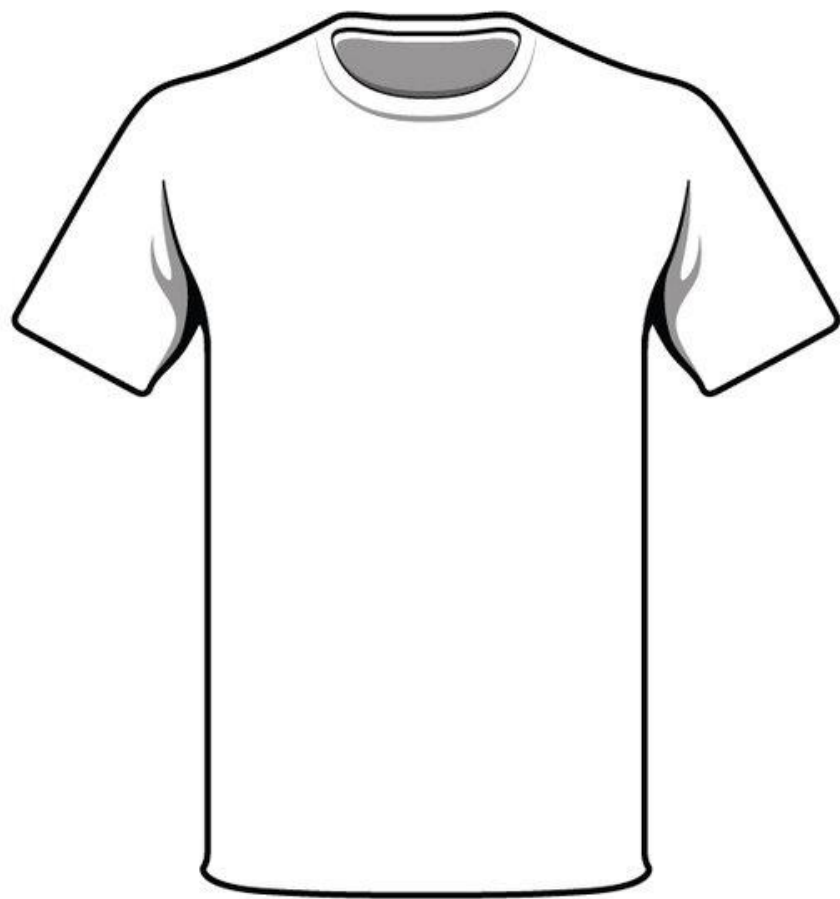
Healthy Boundaries



Never Give Up!



WHAT IS YOUR POSITION?



Take Charge of Your Life

If it going to
be,
its up to me!

**Make better
choices!**

You choose!
You decide!

The more
responsibility you
accept,
The greater **control**
you have,
The more **happiness**
you have!

Questions



THANK YOU